

## CHEMICAL PEEL

Immediately after treatment you may experience any, all or none of the described symptoms. Obvious flaking may or may not occur depending on the amount of build-up of oils and keratin layers and individual skin thickness. If you do see some flaking, it will not be in an even uniform pattern and will appear in patches. Everyone is different and every treatment is different. Flaking may occur in 2 to 7 days. Dry patches will occur. The fibroblasts in the cell layers have been stimulated to increase collagen production whether you have visible flaking or not. As your skin begins to respond, we will adjust treatment in graduated levels.

- Day 1:** A red or pink "scrubbed" look, sensitivity to the sun or a sunburned feel to the skin. Use a gentle cleanser, moisturizer and a sunscreen containing Zinc with an SPF of 30 or higher.
- Day 2:** Tightness, drying and a "drawn" look. Today is not the day to examine the skin for fine lines and wrinkles. Use a gentle cleanser, moisturizer and a sunscreen containing Zinc with an SPF of 30 or higher.
- Day 3-7:** Exfoliation will occur (mild, hardly visible peeling to heavy continuous peeling depending on the type of peel). Continue your use of mild cleanser, moisturizer and sunscreen.

*Do NOT use Retin-A or any other tretinoin or acid products on the face for the first week following peels. Do not wax, laser, or have electrolysis performed on the treated areas for one week post treatment.*

**After Day 7:** You may resume your normal skin care regimen.

*Do NOT pick or prematurely peel the skin. This may cause scarring and irritation. You MUST wear sunscreen daily.*

If you have any questions, please do not hesitate to call our office, 214-739-5600