

LASER HAIR REDUCTION

1. It is normal to experience mild redness, swelling and tenderness after your laser hair reduction treatment.
2. Wash with cool to tepid water, with gentle cleansers (like Cetaphil) and pat dry.
3. Do not scrub or rub the treated areas vigorously.
4. If any crusting occurs or skin peels, DO NOT take them off - let them come off on their own. If the skin is broken or a blister appears, apply antibiotic ointment and notify us. The area should be kept lubricated to prevent crusting or scabbing of tissue.
5. Wear sunblock with Zinc, minimum SPF 30, over the treated areas every day and refresh application each time you go outside. Avoid excessive sun exposure for 10 days before and 10 days after treatment.
6. Cold packs, aloe vera or any other cooling preparation may be used to ease temporary discomfort.
7. If you experience severe pain, discomfort, redness, bleeding or discharge, call the office immediately.
8. Aerobic exercise, use of saunas and hot tubs should also be avoided for 24-48 hours.
9. Please call the office if you have any questions about your treatment or what you are experiencing after treatment.